

TERMS AND CONDITIONS FOR MEMBERSHIP

- ❖ This Gym is a no smoking zone, smoking is strictly prohibited here.
- ❖ A member should not intentionally make any noise or Sound to irritate or disturb others.
- ❖ No food is allowed in the Gym except drinking water.
- ❖ Membership card will be issued to every member. This card must be carried by the Member at the time of entry into the gym.
- ❖ Security personnel reserve the right to check the card at any time.
- ❖ The membership is valid for only one person and is not transferable.
- ❖ Every member must follow the Gym chart and directions of the instructor of his choice.
- ❖ A member can use the treadmill for a **maximum time of 30 minutes only**.
- ❖ A member cannot stay in the Gym for more than **two hours** including shower time.
- ❖ A member can use the Gym facilities only one time in a day. He or She cannot use the treadmill more than one time during his or her stay in the Gym.
- ❖ A member should not disturb or interfere the Gym activities of any other member by any act, talk, show, sign etc. If it proved so, the Fitness plus management can cancel the membership without any reason.
- ❖ Every member must wear **Gym dress and sports shoes** before starting the Gym. Everybody must put off his shoes before entrance to the Gym, **outside use shoes are not allowed inside**.
- ❖ Children and Guests are not allowed in the Gym.
- ❖ The Gym remains open seven days in a week from 06:00 a.m. to 12:00 a.m. (Mid night) Daily for both ladies and gents. Entrance for Gents' inside the Ladies' Gym is prohibited. Ladies have the preference to use the Gents' gym.
- ❖ Fitness Plus authority reserves the right to cancel the membership without assigning Any reason.